

OTTAWA

metro®

NEWS  
WORTH  
SHARING.**LAYOVER?  
DON'T PASS  
OVER L.A.**WEST HOLLYWOOD HAS SO MUCH TO OFFER THAT YOU WON'T NEED WHEELS **PAGE 11****Maple Leafs fire  
their coach**

Toronto's inconsistent play has led to the firing of head coach Randy Carlyle

**PAGE 16****Crown: Teen  
pimp belongs  
in adult facility**Prosecutor cites poor behaviour at placement hearing **PAGE 2****RINK WRECKED**

Brianna (left), Isabella and Sheldon Vincent, Alicia Wotherspoon and goalies Kaitlyn Sage (left) and Tory Bradbeer are all smiles as they pose mid-game at the rink at the Vincents' Cornwall home over the Christmas holidays. But this week the Vincents had to demolish the rink under orders from the City of Cornwall, after a neighbour complained. For more on the story, see page 4. COURTESY STEVE PERRY PHOTOGRAPHY

**Feds blocked  
staff from site**

**'Orwellian.'** Feds blame cyber threat, publisher calls move outrageous

The federal government blocked hundreds of thousands of public servants from accessing an Ottawa-based independent news website last summer, according to a report in Blacklock's Reporter.

The reporter-owned website covering Parliament Hill published a story online Tuesday stating Shared Services Canada restricted access to Blacklock's.ca from Aug. 22 to Sept. 9, 2014.

Redacted documents obtained by the news agency through an Access to Information request reportedly show the government department's IT staff concealed the rationale for blocking employees from accessing Blacklock's.

In a statement to Metro, Shared Services spokesman Ted Francis said a "potential cyber threat" to government infrastructure was detected on the Blacklock's website.

"The threat was subsequently rectified. Access to Blacklock's.ca was restored," wrote Francis. No other details were provided in the statement to

explain what the threat was or how it posed any danger.

Blacklock's publisher, Holly Doan, called the move "outrageous conduct."

"It's astonishing to see Canada join the short list of countries that forbid public employees from accessing Internet news sites," Doan said. "This is not only Orwellian, it appears to breach the government's own guidelines on workplace Internet use."

Metro has requested comment from Diane Finley, the minister responsible for Public Works and Government Services.

The Canadian Association of Journalists also criticized the apparent blocking of Blacklock's, which it noted is a parliamentary press gallery-accredited news organization. CAJ has asked Shared Services for more clarity on the incident.

"Shared Services Canada never should have stopped anyone on the public payroll from lawfully reading Blacklock's reporting," said CAJ president, Hugo Rodrigues. "The department only rescinded the order after subscribers spoke up and journalists started asking questions. Blacklock's deserves an explanation." **JOE LOFARO/METRO**



**WWW.OSSC.CA**  
613.565.TEAM (8326)  
EMAIL: [info@ossc.ca](mailto:info@ossc.ca)

**MEET PEOPLE AND GET ACTIVE!**  
JOIN OUR 12-WEEK WINTER CO-ED ADULT SPORT LEAGUES & CLASSES!  
REGISTER AS AN INDIVIDUAL, WITH FRIENDS, OR AS A FULL TEAM.  
OTTAWA · ORLEANS · KANATA · BARRHAVEN



**LAST DAY TO REGISTER**

THURSDAY | JANUARY 8

# CEO aims to reduce pot costs

**Medical marijuana.** GrowPros executive wants to help patients and startups clear financial hurdles with investment fund

Ryan Brown says far too many medical-marijuana patients in Canada are paying far too much for their daily medicine — and the companies making the medication aren't profiting either.

The hydroponics expert and CEO and president of GrowPros is hoping to change that with a new diversified cannabis investment fund aimed at helping new medical-marijuana businesses get off the ground and avoid the common pitfalls of the industry.

"The companies that are licensed today tend to be run by people who come from other industries, be it pharmaceuticals, vitamins, agriculture, and they don't have the great knowledge of cannabis therapeutics — of what patients,

who are the end consumers, need," said Brown, whose company boasts a combined 27 years of experience in the medicinal cannabis and hydroponic wholesale industry.

By helping medical-cannabis businesses start up with everything from investing to consulting, Brown says companies will be able to keep overhead costs to a minimum, which will in turn provide better profits and ultimately cheaper prices for patients.

"It's difficult to go out and raise \$8 (million) to \$10 million for a startup business in a startup industry, and we have the contacts and access to capital to be able to do that," he added.

The company has also secured 190 acres of land north of Ottawa in Low, Que., for an applicant licensed producer looking to build a 50,000-square-foot production facility on agricultural land with low overhead costs and plenty of grant opportunities to keep the costs down.

The Low production facility is still awaiting federal approval. **TREVOR GREENWAY/METRO**



Ryan Brown, president and CEO of GrowPros, hopes his new marijuana investment fund helps bring the cost of medical pot down in Canada. **TREVOR GREENWAY/METRO**

## Crown urges adult facility for teen pimp



Kailey Oliver-Machado **FACEBOOK**

An 18-year-old Ottawa woman who ran a high-profile teen prostitution ring will learn next week whether she will serve the remainder of her sentence in an adult or youth facility.

Justice Diane Lahaie sentenced Kailey Oliver-Machado in November as an adult even though she committed her "vile" crimes — among them human trafficking, making and possessing child pornography and sexual assault — as a 15-year-old.

At a placement hearing on Tuesday, Crown prosecutor Fara Rupert argued a youth facility is not appropriate after reports of poor behaviour by Oliver-Machado at the Sundance Youth Correctional Facility, where she is currently in custody.

Rupert told court that Oliver-Machado has consumed an illegal drug smuggled into the centre last July, referred to herself by the street name she used before she was arrested in 2012 and been mocking the re-

storative programs made available at Sundance.

"She tends to gravitate toward peers with similar offending behaviour," said Rupert.

The court heard that a doctor who assessed Oliver-Machado in 2014 noted she was at high risk for future criminal violence and had a "distorted self-image."

To avoid that outcome, the Crown said there are a number of rehabilitative services available in federal custody, including a program for female sex-

ual offenders.

Her lawyer, Ken Hall, said she has responded well to some programs so far and has made a "miraculous turnaround" by earning a high-school diploma.

He said Oliver-Machado wants to continue her education at the college level.

Hall wants her to stay in a youth correctional facility for the remaining two years and seven months of her sentence.

Lahaie will rule on the matter Jan. 14.

**JOE LOFARO/METRO**

### ONLINE / IN CLASS FRENCH AND SPANISH LANGUAGE TRAINING FOR ONTARIO RESIDENTS ONLY

**Levels: 1 to 7 (FRENCH)**

**\*Levels: 1, 2 and 3 (SPANISH)**

**Date:** January 12 to March 30, 2015

**Time:** 6 pm to 9 pm

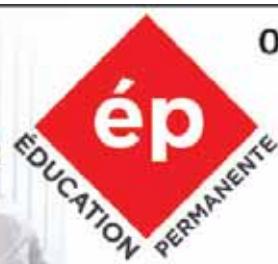
**Ongoing registration:** 181 Donald Street, Ottawa

**Duration:** 10 weeks (30 hours in class plus 30 hours online)

**Cost:** \$35.00

\*For more information please call: 613-741-2304 ext. 3

[www.educationpermanente.ca](http://www.educationpermanente.ca)



CONSEIL DES  
ÉCOLES CATHOLIQUES  
DU CENTRE-EST  
Le meilleur conseil qu'on puisse vous donner



# New play hopes to draw kids and adults into the world of Beethoven

## Beethoven Lives

**Upstairs.** Story of the famous composer is presented through the eyes of his neighbours

 LUCY SCHOLEY  
lucy.scholey@metronews.ca

To 12-year-old Christoph, Ludwig van Beethoven is the angry madman who lives upstairs.

The genius composer is frustrated because he's going deaf, so he cuts the legs off his piano and plays while lying on the floor to feel the vibrations. It's music he can hear in his head, but not around him. To add to the hubbub, princes and opera singers occasionally pass through Christoph's house to see Beethoven upstairs.

The dwelling is fictional, and so is Christoph, but it could have been any of the



Director Paul Pement, left, and actor Mathieu-Philippe Perras rehearse a scene from Beethoven Lives Upstairs on Tuesday. It's playing at the National Arts Centre on Saturday. LUCY SCHOLEY/METRO

roughly 70 houses in Vienna where Beethoven rented rooms in his lifetime.

Beethoven Lives Upstairs

— playing at the National Arts Centre on Saturday — draws children into the life of the German composer through a

mix of storytelling and carefully timed compositions.

Beethoven himself does not appear in the play, except

## Random. Plenty to 'like' in book of Facebook musings

Sean Beaumont doesn't really get aroused when thinking of his dead relatives — it's just a random thought once had.

And he didn't really use his neighbour's windshield as a toilet, and certainly has never dug up a body and been spooked by a booby-trapped casket.

Virtually all of the 800 daily Facebook musings that make up Beaumont's new book are just random thoughts he hopes will make people laugh.

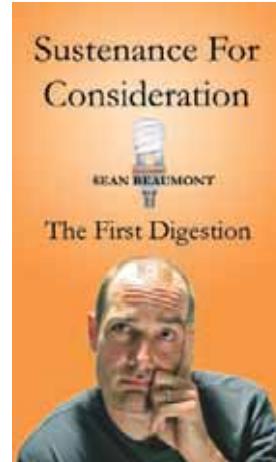
"It's not based on real life at

all," said Beaumont, explaining how the idea for Sustenance for Consideration: The First Digestion came during one of his lengthy commutes in 2011, when he wondered how he could use his funny random thoughts to make people smile.

The result is close to 300 pages of wit similar to Deep Thoughts, by Jack Handey.

The self-published book is available on Amazon and in most major bookstores.

TREVOR GREENWAY/METRO



## Festibiere. Beer fest comes to Ottawa for Winterlude

Gatineau's annual Festibiere is expanding into Ontario with an event at Ottawa's Lansdowne Park to coincide with the end of Winterlude.

Having a beer festival on the Ottawa side has long been on the mind of Festibiere organizer Michael O'Farrell, but the move only came to fill a void left by the Winter Brewed event, which O'Farrell is not happening this year.

O'Farrell said a city staffer in charge of programming at

Lansdowne approached him before Christmas to consider hosting a spinoff of Festibiere in the Horticulture building.

"It's not something we were thinking of doing in the short term and this quickly, but we definitely saw the opportunity and thought it was a great idea," said O'Farrell Tuesday.

Close to a dozen breweries from Ontario are expected to showcase their suds at the Winter Brewfest, which will be held Feb. 13 and 14. JOE LOFARO/METRO

About 12 years ago, Susan Hammond, the Toronto-based creator of the audio series, approached Pement to create a stage version.

While Pement did not grow up listening to the Classical Kids cassettes, he has worked with many musicians worldwide who have.

"These have a proven effect of, if not leading kids into a professional world of music, at least introducing them to the world of classical music," he said. "It's the combination of story and music. It's a magical, powerful combination."

### Tickets

- Beethoven Lives Upstairs will play at the NAC Jan. 10 at 1:30 and 3:30 p.m.
- Tickets are available at [nac-cna.ca](http://nac-cna.ca) or by calling 613-947-7000, ext. 620.



Michael O'Farrell, showing off a bottle of Hopfenweiss, the official beer of the 2014 Festibiere.

TREVOR GREENWAY/METRO FILE

  
**ottawa**  
**health & wellness**  
**expo**  
**be fit • eat right • think well • go green**

**Saturday, January 10th, 2015**  
**9 am to 5 pm • Shenkman Arts Centre**

**KEY SPONSORS**


### 2 for 1 Admission with this Ad

- Health and Wellness experts, speakers, live demonstrations and much more...
- Over 100 exhibitors in the Be Fit - Eat Right - Think Well - Go Green categories

### 2015 Keynote Speaker Lorna Vanderhaeghe

Presentation Topic:  
Everything You  
Need to Know  
About Hormones  
Time: 1 pm  
Harold Shenkman  
Theatre



### Tickets \$8

Expo Admission includes Keynote speaker\*

\*seating is on a first come first served basis  
Purchase your ticket online or at the door

Kids under 12 get in for free

[OttawaHealthandWellnessExpo.com](http://OttawaHealthandWellnessExpo.com)



# Home hockey rink demolition breaks kids' hearts in Cornwall

## 'Public-safety issue.'

City says it fears stakes that were bracing boards endangered buried utilities



TREVOR  
GREENWAY

trevor.greenway@metronews.ca

Some young Cornwall hockey players are "heartbroken" after the city ordered a family to demolish a front-yard hockey rink over bylaw infractions.

Laura Vincent and her husband, Brian, spent Monday night demolishing the perfect rink that took them countless hours to build for their three children and other neighbourhood kids.

Vincent said the loss of the rink — the only current outdoor rink in the city — is a major blow to her hockey-loving kids and the neighbourhood.

"They are heartbroken," said Vincent, a day after the rink boards were demolished. She said when she picked up her kids Brianna, Isabella and Sheldon from school on Monday, they were in tears.

"They use it every day. Even in the -20 C weather, they are out there right after school until about 8 o'clock."

After-school hangouts would always morph into a small 3-on-3 or 4-on-4 hockey game on the Vincents' front yard, with neighbourhood kids and parents lining the boards to watch. She said they built it out front because they have a small back-

yard and the front yard is much bigger.

"Our front yard is really our back yard," she said.

Vincent isn't sure how her kids will spend their evenings now, but she has an idea.

"They will probably just watch TV," she admitted. "There is only so much homework you can do, and there are not many city rinks in Cornwall."

Vincent said that, if her family broke bylaws, they would be willing to make some sort of compromise with the city to find a solution for everybody.

But the city dropped off a two-week notice the day city hall closed for the Christmas break, leaving her no time to ask questions or question the bylaw. The family has lived in the city for 14 years, but is now seriously considering moving away. This was the second year they had installed a rink.

Trouble started with a neighbour's complaint that escalated quickly. After the initial notice in late December, backhoes showed up on Monday and began clearing snow away from the boards. Three police cars were also on site.

They said they would be back to finish the job in the morning, so the Vincents, with some volunteers, took the boards down themselves to avoid being charged for the work.

"They were back to work yesterday morning for the first time in two weeks and they had already had the trucks sent," said Vincent. "To think that, as a city,



Just hours after the boards were removed from a Cornwall family's hockey rink, it collapsed. JAMIE GILCIG/CORNWALL FREE NEWS

that's the first thing on your agenda as a new council — we are just so upset by it."

Cornwall Mayor Leslie O'Shaughnessy said the demolition order has nothing to do with hockey or kids having fun but is more of a safety issue, as the rink encroaches on city land where gas, phone and high-voltage electrical lines could be buried.

"This has nothing to do with the rink or the kids having fun; this is a public-safety issue," he said. "If we condone it, where are we headed?"

He said the family was

given options to rebuild the boards with snowbanks or straw bales, but just hours after the boards were removed, unfrozen water under the ice leaked out and fractured the ice down the middle, rendering it unusable. By midday Tuesday, the rink had completely collapsed.

O'Shaughnessy admitted that none of the "four or five" outdoor rinks the city operates are open yet, but when weather permits, they will be up and running.

The city put out a call for volunteers to help build outdoor rinks before Christmas.



It didn't take long for the ice to crack after the boards were removed from the hockey rink. JAMIE GILCIG/CORNWALL FREE NEWS

## FRENCH CLASSES

NEW  
SESSIONS

JANUARY  
12



Alliance Française  
Ottawa

"IT BEGINS WITH  
BONJOUR"

PART-TIME • INTENSIVE • PRIVATE  
SLE PREPARATION B & C  
WORKSHOPS  
APPROVED LANGUAGE TESTS...

REGISTER NOW!

613.234.9470 • [www.af.ca/ottawa](http://www.af.ca/ottawa)

## PERSONAL SUPPORT WORKER



### Program Objective

This 27 week program provides the theoretical knowledge and the practical skills required to enter the healthcare field as a Personal Support Worker.

### Career Opportunities

Graduates will find employment within:

- Long-Term Care Facilities • Group Homes
- Hospitals • Retirement Homes/Residences
- Agencies providing Homecare Service



CALL TODAY!

ALGONQUIN CAREERS ACADEMY

1830 Bank Street 613-722-7811 [www.algonquinacademy.com](http://www.algonquinacademy.com)

## Allegations. Dalhousie refuses to name accused

Dalhousie University has rejected a request from the licensing body that governs Ontario's dentists to hand over the names of 13 dental students accused of posting sexually violent comments about women on a private Facebook page.

University spokesman Brian Leadbetter says the university in Halifax has an obligation to protect the privacy of its students.

He also restated the university's position in an email statement on Tuesday that the online comments were deeply offensive, degrading to women and unacceptable.

Irwin Fefergrad, registrar of

### Protests planned

### Bill Cosby worried about disruption at Ontario shows

Comedian Bill Cosby promised his Canadian fans "the show of their life" Tuesday as he urged them not to get involved if protesters disrupt

the Royal College of Dental Surgeons of Ontario, said Monday the governing body wanted the names to make sure that if any of the students involved apply for licences in the province they would face tough questions from the college.

Fefergrad said if the names are withheld, the college would have to ask every Dalhousie graduate seeking a licence if they had been the subject of a complaint or an inquiry at the university.

University president Richard Florizone announced Monday that the school had suspended the clinical privileges of the 13 students. **THE CANADIAN PRESS**

any of the shows he has planned in Ontario this week.

Cosby's international tour rolls on despite growing allegations of sexual assault against the veteran TV star, with scheduled stops in Kitchener on Wednesday night, London on Thursday and Hamilton on Friday. Protests are being organized outside the shows. **THE CANADIAN PRESS**

**Court.** Groom's family gave bride a dowry of half-ownership of a \$1-million Ottawa home, which is the source of a dispute after their split

She was a beautiful, young exchange student from Iran. He was handsome, well-spoken Canadian from a well-heeled Iranian family in Ottawa.

They met in calculus class at Carleton University, fell in love and just over a year later, the two 20-somethings got hitched in a lavish ceremony in Toronto attended by both their families.

In keeping with Iranian tradition, the groom's family gave the bride a generous gift — half ownership of a \$1-million Ottawa home — a "dowry" that is the source of a bitter dispute between the now-separated couple and their families.

Last week, an Ottawa



An Ottawa judge's decision on a dowry case leaves the husband's parents without a claim to 50% interest of an Ottawa home. Shakiba Banifatemi and Ahmad Abdollahpour split up in Dec. 2013. Ahmad's parents say Shakiba tricked their son into marriage. **HANDOUT**

judge dismissed the husband's family's claims for an order that the bride, 23-year-old Shakiba Banifatemi, transfer her portion of the property back to her ex's parents.

The judge also dismissed claims for orders that she reim-

burse them for the cost of the wedding — around \$50,000, the groom's mother says — and return any wedding gifts she received.

According to the judge, the Abdollahpours alleged Banifatemi "acted fraudulently by

tricking" them into gifting her partial ownership of the home and having their son sponsor her for permanent residency.

They also alleged Banifatemi's Iran-based father told them all gifts would be returned if Banifatemi "left the marriage or acted inappropriately" towards the groom, 26-year-old Ahmad Reza Abdollahpour.

Justice Robert Smith found that the evidence did not support the allegations.

"The gift was made without any expectation of remuneration but with the expectation that Shakiba would marry Ahmad, which occurred," Smith said in his reasons for judgment.

"Sometimes things don't work out, unfortunately, but you can't go back a year and half or two years later and allege that there was fraudulent intent," said Banifatemi's lawyer, Kevin Kavanagh.

The family is unsure if they'll appeal the judge's decision, they told **Torstar**.

**TORSTAR NEWS SERVICE**

## Vulnerable witnesses to get support from Crown

The failure of Crown prosecutors to press a drug-addicted woman nearly murdered by Robert Pickton to testify against the serial killer has inspired new policy to support vulnerable witnesses.

B.C.'s criminal justice branch has implemented a series of new regulations that will help victims participate in criminal prosecutions, fulfilling a key recommendation made by the public inquiry looking into Vancouver's missing women.

A 1997 trial against Pickton

### Robert Pickton

Robert Pickton was originally charged with killing 26 women, most of them from Vancouver's impoverished Downtown Eastside, but the remaining charges were stayed when he was convicted of killing six women.

that may have stopped his killing rampage years earlier was called off when the Crown decided the woman he attacked

was unreliable as a witness because she was a heroin addict.

The new policy recognizes that for cases involving allegations of serious personal injury, vulnerable victims require ongoing support and their participation in the justice system needs to be encouraged.

Missing women inquiry commissioner Wally Oppal applauds the new policy, noting a major downfall in the Pickton case was that women distrusted police and that meant authorities sometimes missed crucial information. **THE CANADIAN PRESS**

## Mass murder highlights need for domestic violence awareness: Cops

Police and community agencies say the recent mass murder of eight people in Edmonton underlines the need for more public awareness of domestic violence.

Staff Sgt. Sean Armstrong with the Edmonton police domestic offender crimes section told reporters Tuesday that family abuse is "everyone's responsibility."

Phu Lam gunned down seven people in his home on Dec. 28, including his wife, eight-year-old son and three-year-old niece. Investigators have said the 53-year-old man spared two other children in the home — his one-year-old daughter and an eight-month-old nephew.

Hours later he shot a woman in another house where he was looking for someone else. He

then killed himself in a restaurant in nearby Fort Saskatchewan, where he had worked as a maintenance man.

Court records show Lam's wife, 35-year-old Thuy Tien Truong, told police that her husband hurt her and threatened to kill her and her family, she said. But Crown prosecutors have said she recanted.

**THE CANADIAN PRESS**

Look what **January** has to offer at  
240 Sparks Shopping Centre!



Annual Winter  
Sidewalk Sale

January 5th to 17th

Explore the Specials &  
Savings Throughout the Mall!

Free underground parking weekdays  
after 5:00 pm and all-day on weekends.

Over 20 shops, services and restaurants to choose from,  
all in one convenient downtown location!



**Fashion/Mode:** Bentons • Holt Renfrew • Elisa C. • Za Za Jewelry and Accessories

**Restaurants:** Asian Gourmet • Jimmy the Greek • LUNCH • Marcello's Market & Deli  
• Manhattan's Hand Made Burgers • Subway • Timothy's • Teriyaki Experience • The 3  
Brewers • Tutto Pasta

**Services:** Appletree Medical Centre • Trico A.T.M. • Hillary's Cleaners • International  
News • Pharma Plus • Merhi Quality Shoe Repair • Shear Heaven Hair Design • Sparks  
Dental Clinic • Ultimate Currency Exchange • Alterna Saving A.T.M.

[WWW.240SPARKS.COM](http://WWW.240SPARKS.COM)

# Jury selection begins in Boston terror trial

**Boston Marathon bombing.** More than 400 potential jurors got their first look at the man charged with plotting attack

As some prospective jurors got their first look at Dzhokhar Tsarnaev, the young man accused of bombing the renowned Boston Marathon, it became clear that choosing a jury in the closely-watched terror case would not be a quick or simple process.

U.S. District Judge George O'Toole Jr. told the first 400 people called for jury duty Monday that choosing a panel of 12 jurors and six alternates for the highly anticipated trial was expected to take at least three weeks.

He told the potential jurors not to think of the trial as "an annoying burden," but as a needed service and an "important duty of citizenship."

Tsarnaev is accused of planning and carrying out the twin bombings that killed three people and wounded more than 260 others near the marathon's finish line on April 15, 2013. Prosecutors say Tsarnaev and his brother, now dead, also killed an MIT police officer several days after the bombings as they tried to flee.

Federal prosecutors and Tsarnaev's lawyers are begin-



In this courtroom sketch, Boston Marathon bombing suspect Dzhokhar Tsarnaev, third from right, is depicted with his lawyers and U.S. District Judge George O'Toole Jr., right, as O'Toole addresses potential jurors at the federal courthouse on Tuesday in Boston. JANE FLAVELL COLLINS/THE ASSOCIATED PRESS

ning the process of trying to find jurors who can be fair and impartial.

Jurors must also be willing, if Tsarnaev is convicted, to consider imposing the death penalty in a state that abolished its own death penalty three decades ago. Tsarnaev is being tried under the federal death penalty.

Defence lawyers have asked repeatedly that the trial be moved from Boston, where the bombings had a deep emotional impact. O'Toole

has refused so far.

The first two groups of potential jurors filled out juror questionnaires, which will be used to whittle down an overall pool of about 1,200 people. A further 800 also will be asked to fill out questionnaires.

Tsarnaev's lawyers, prosecutors and the judge will begin questioning individual jurors next week.

O'Toole said testimony is expected to begin Jan. 26 and last three to four months.

Prosecutors say Dzhokhar and his brother, Tamerlan Tsarnaev — ethnic Chechens who had lived in the United States for about a decade — carried out the bombings in retaliation for U.S. wars in Muslim countries. Tamerlan, 26, died in a gunfight with police days after the bombings.

The defence is expected to argue that Dzhokhar had a difficult childhood and fell under the evil influence of his older brother.

THE ASSOCIATED PRESS

## Nigeria. Islamic forces take joint military base

Nigeria's chief of defence staff acknowledged Tuesday that the headquarters of a multinational military force on Nigeria's border with Chad has been seized by Islamic extremists.

Air Chief Marshal Alex Badeh told reporters only Nigerian troops were at the key base at Bagu, on the shores of Lake Chad, when insurgents attacked Saturday because Niger and Chad had withdrawn their fighters from the base.

"Chad had people on their own side but I believe they have withdrawn. Niger had people with us. They, too, withdrew, and left Nigeria only at the Multinational Joint Task Force headquarters," Badeh said at a briefing.

The countries are all part of the Multinational Joint Task Force that was created a year ago by countries bordering Lake Chad to combat growing terrorism, arms trafficking and cross-border attacks.

Badeh denied rumours that Chad and Niger had also pulled out of the task force. He refused to say what hap-

### Security meeting

Nigeria confirmed Islamic extremists seized the base of a joint military force.

- Only Nigeria remains? A senior military officer said troops from Niger, Chad and Cameroon had withdrawn from Nigeria months ago, a rumour Badeh denies.

pened during the attack, admitting only that there was one.

Witnesses said troops fought valiantly for several hours before running out of ammunition, when they fled alongside civilians.

Asked if the military would retake the base, Badeh said "Why not?" but refused to say any more.

Thousands have been killed and about 1.6 million driven from their homes in the five-year-old Islamic uprising in Africa's most populous nation and biggest oil producer. THE ASSOCIATED PRESS

### New York

## Three questioned in police shooting

Three suspects were being questioned Tuesday about the shootings of two New York City plainclothes police officers responding to a grocery store robbery, authorities said.

One of the suspects was

seen on a surveillance video from the crime scene in the Bronx, police said.

Both officers are listed in stable condition.

The shooting occurred around 10:30 p.m. Monday. The officers were coming off their shift when they and three other plainclothes officers responded to the robbery report. THE ASSOCIATED PRESS

**Admission is FREE!**



Come join Pinecrest-Queensway Community Health Centre in showcasing our **Launch!** and **Start it Up** programs for entrepreneurs and their businesses

1365 Richmond Rd., 3rd Floor

Light snacks and refreshments will be provided!

For more info contact, Sahar Faqiri at: [s.faqiri@pqchc.com](mailto:s.faqiri@pqchc.com)

## LOOKING FOR WORK EXPERIENCE?

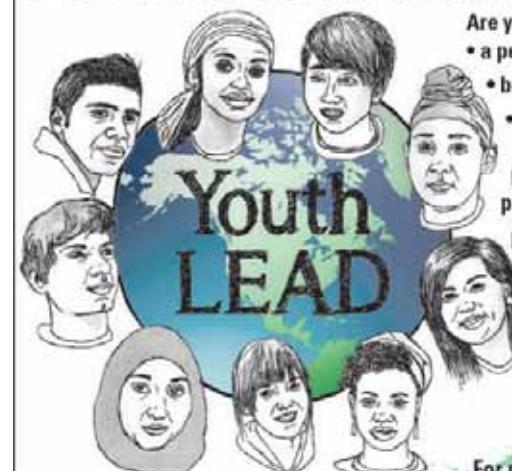
Are you...

- a permanent resident or refugee?
- between 15 and 29 yrs of age?
- available to work 3 days/week?

The **Youth LEAD** Employment Program is a 16-week work experience program for Immigrant Youth.

Receive 182 hours of work experience in social services, childcare, IT, office admin or custodial, and 140 hours of training, including certifications in: First Aid & CPR, WHMIS, Non-violent Crisis Intervention, High Five, Safe Food Handling, and Service Excellence.

For more info call Hany at  
**613-820-4922**



Funded by:  
Citizenship and Immigration Canada  
Financé par:  
Citoyenneté et Immigration Canada

Centre de santé communautaire  
Pinecrest-Queensway  
Community Health Centre

Market Minute



DOLLAR  
84.55¢  
(-0.56¢)

TSX  
14,246.77 (- 145.93)

OIL  
\$47.93 US (- \$2.11)

GOLD  
\$1,219.40 US (+ \$15.40)

Natural gas: \$2.938 US (+5.6¢)  
Dow Jones: 17,371.64 (- 130.01)

Luxury brand

### Coach expanding footwear collection

Coach, the luxury handbag and accessories company, is buying Stuart Weitzman Holdings for about \$530 million US.

The deal is expected to bolster Coach's image

while creating growth opportunities as it struggles to turn around its brand under new CEO Victor Luis. Some analysts worry that the deal could be a distraction to Coach's core business, especially when efforts so far to rework designs haven't seen much traction.

THE ASSOCIATED PRESS

Venezuela

### McDonald's serves yuca instead of fries

Venezuela's more than 100 McDonald's franchises have run out of potatoes and are now serving alternatives like deep-fried arepa flatbreads or yuca, a starchy staple of



A McDonald's banner menu in Caracas, Venezuela, features a burger with a side of arepas.

THE ASSOCIATED PRESS

traditional cooking. A contract dispute with dock workers is being blamed.

THE ASSOCIATED PRESS

# Vegas gadget show profiles four-times-as-sharp TVs

## International CES.

Internet-only television aimed at cord-cutters, curved TV sets, Ultra HD some of the hottest trends at tech show

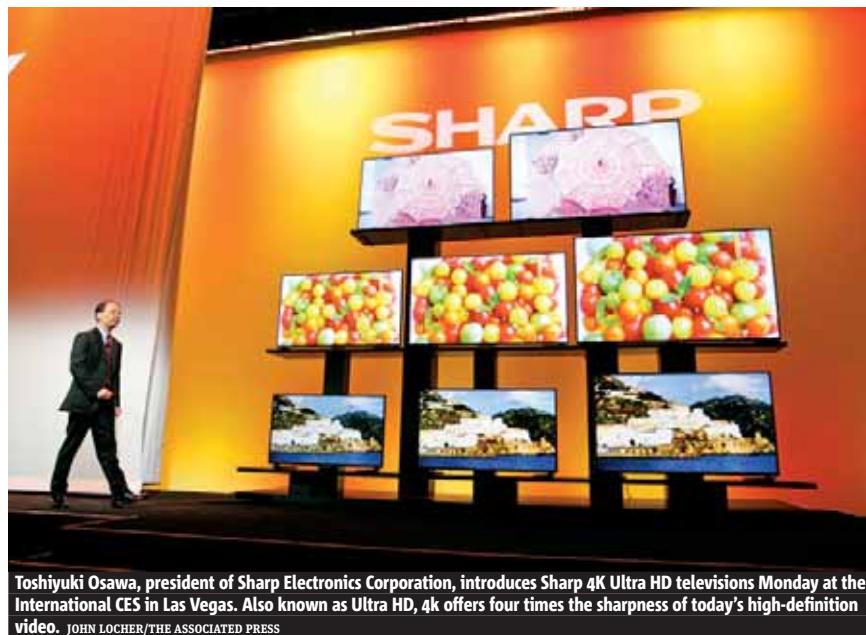
One of the biggest changes in television this year will be an increase in channels available online, with no separate cable or satellite subscription.

At the International CES gadget show in Las Vegas Monday, Dish Network unveiled an Internet-only subscription offering in the U.S. that includes ESPN. Sony Corp. also has an Internet television service, PlayStation Vue, expected to debut by the end of March.

Now that 4K — also known as Ultra HD — TV sets have dropped in price, with some models available for less than \$1,000, TV makers are looking for ways to make their sets stand out. 4K offers four times the sharpness of today's high-definition video.

Sharp is turning to an engineering trick to make its high-end 4K set look even sharper. While TVs typically show colours by mixing red, green and blue subpixels, Sharp's top-of-the-line model will add yellow as a fourth subpixel to improve colours.

Sony is also introducing new 4K television models this year, and at a news event, the company promised to create more 4K content to watch



Toshiyuki Osawa, president of Sharp Electronics Corporation, introduces Sharp 4K Ultra HD televisions Monday at the International CES in Las Vegas. Also known as Ultra HD, 4K offers four times the sharpness of today's high-definition video. JOHN LOCHER/THE ASSOCIATED PRESS

## Changing technology

**"A lot of big incumbents don't like change, but everything else is changing around you ... Technology is broadening the consumer viewing opportunity, and they are taking advantage of that."**

Joe Clayton, Dish Network Corp.'s CEO.

on those sets. Sony said four popular shows — The Goldbergs, The Blacklist, Masters of Sex and The Night Shift — will soon be available in 4K. It also said it's working with partners including Netflix and YouTube to deliver more

4K streaming video.

Samsung is offering a premium line with better brightness and richer colours, not just increased sharpness. It uses a technology called quantum dot — essentially a layer of materials that allows

for purer colours and a wider colour range. It will be called SUHD and cost more than regular 4K sets.

Samsung is also pushing curved TVs, including one high-end model with a flat screen that can bend, or curve, when the viewer wants a more immersive experience. LG announced quantum-dot and curved sets, too, including a bendable model. LG is also pushing organic LED screens with richer colours and pure black — the kind typically limited to smaller displays such as phones because of price.

THE ASSOCIATED PRESS

## Economy. Ontario, B.C. threaten Alberta's reign

### Alberta

**3.9%**

Alberta's economy grew by 3.9 per cent last year, according to the province's website.

Alberta has led all of the provinces in GDP growth over the past two decades, with average annual growth of 3.5 per cent per year.

had in its factories was gutted during the financial crisis and subsequent recession and it will take time to rebuild.

Meanwhile, Ontario and British Columbia will battle it out for who will see the fastest growth in 2015, Porter said during a panel discussion hosted by the Economic Club of Canada.

"Unfortunately it's a bit of a race of the turtles as we're looking at maybe 2.5 per cent growth in those two provinces," Porter said Tuesday.

National Bank chief economist Stefane Marion said it will take some time for Ontario's manufacturing sector to be able to capitalize on lower production costs brought on by cheaper oil. That's because much of the excess capacity Ontario once

THE CANADIAN PRESS

had in its factories was gutted during the financial crisis and subsequent recession and it will take time to rebuild.

The government announced initial success at a desert site near In Salah, 1,000 kilometres south of Algiers, but over the weekend residents there began protesting, fearing the environmental impact of the drilling.

The protests spread Tuesday to Tamanrasset, where 2,000 people protested in front of city hall, urging that the project be halted.

THE ASSOCIATED PRESS

## Algeria. Protests spread over plans to tap shale gas reserves

Protests in Algeria's remote and sparsely populated south over efforts to exploit the country's vast shale gas reserves spread to the regional capital Tuesday, the state news agency reported.

Algeria has the third-largest shale gas reserves in the world, after China and Argentina. With its once-rich oil and natural gas reserves declining, Algeria authorized the exploitation of shale gas in May. Falling oil prices have



YOUR VISION IS OUR NO. 1 PRIORITY!

680 Montreal Rd. (at Aviation Parkway)

613.745.7844

[www.ottawaeyeclinic.ca](http://www.ottawaeyeclinic.ca)



**Dr. Kevin Chavez, O.D.  
OPTOMETRIST**

**COMPREHENSIVE EYE EXAMINATIONS  
WALK-IN/EMERGENCY APPOINTMENTS  
SERVICES IN ENGLISH, FRENCH, AND SPANISH**



FREE PARKING

## VOICES

## ALL THE CONTENT, NONE OF THE GUILT

Metro's Matt LaForge doesn't feel bad about all the unblocking he's done on Netflix, but he wouldn't be able to explain why *nearly* as well without all the contraband he's watched



MATT  
LAFORGE  
readers@metronews.ca

I have a confession that I'm almost excited to make, such is my lack of remorse over it: For more than three years now, I've been living in Canada but regularly watching what we up here call "American Netflix." I'm an inveterate unblocker. And, as Butch Coolidge said to Esmeralda Villalobos in *Pulp Fiction*, which I fondly remember streaming via American Netflix, I don't feel the least bit bad about it.

There's no way to know exactly how many unblockers this country harbours, but surveys suggest that the number is high. No surprise there: Unblocking is tempting (*Parks and Recreation*, *It's Always Sunny in Philadelphia* and the *ESPN 30 for 30* documentary series vs. Mr. D) and it's easy (if you can use Google, you can do it). And, most important, until earlier this week, unblocking was improbably, spine-tinglingly consequence-free, like wearing a great-fitting

pair of pants borrowed from a friend who has long since forgotten he ever owned them.

But the party may be ending. Last weekend, a couple of websites reported that Netflix had begun cracking down on unblockers. Then, on Monday, Netflix issued a statement that, in effect said, "We're not OK with unblocking, we never have been OK with unblocking, and we have a prerogative deriving from our obligations to the companies we license our content from to make sure that streamers are streaming from where they're supposed to be streaming from."

Well, OK then.

Look, I wasn't born yesterday. I know when it's time to return the pants. So, in light of Netflix's tough talk, I'm hereby cooling it on the unblocking until all this blows over. But do I feel bad about the unblocking I've already done? In the words of Long Duk Dong (*Sixteen Candles*, another illicit stream I look back on with tender affection), "No way, Jose!"

The main reason I feel this way is that Netflix got its money. Unblocking isn't file-sharing,

which I might as well admit I've also done an inordinate amount of. When you download a movie torrent, the movie's copyright holder gets nothing. But when someone in Canada unblocks American Netflix, the Canadian copyright holders with whom Netflix has licensing agreements still get their pre-negotiated pieces of your \$8 a month. The arrangement is not what any of the parties to the licensing deals had in mind, but, take it from me, it's relatively easy on the conscience.

The other reason is that Netflix sends mixed messages. We're talking about a company that has since Day 1 of my subscription been willing to let me share my login and password with my parents, my girlfriend, her parents, my sister, a few of my more trifling cousins, a couple of guys I at one time owed money to, and basically whoever else has troubled themselves over the past three years to so much as ask.

This is not to mention all the friends, relatives and acquaintances with whom the aforementioned are sharing my login and password,

or to mention however many other of *their* respective friends, relatives, and acquaintances are cutting in on the action, and on and on and on, such that as we speak my sign-in credentials are spreading at the speed of shamelessness to every corner of an infinitely ramifying *Brady Bunch*-intro-style matrix of moochery.

The company that stood idly by when my dad called my sister one cold December night and said, "Get the hell off Netflix — your mother and I want to watch *Wallander*" when it could have insisted on making him pay his own \$8 a month is now, all of sudden, going by the book? You can't be serious. When anything-goes cool parents get a call from the truant officer and decide on a dime to become disciplinarians, they face what's called a credibility problem. Same goes here.

Hear this, fellow unblockers: We've had a great run, and in the event that this crackdown proves to be a bluff, we'll have another. Don't let misplaced guilt ruin it. To quote the tragically doomed Cyrus (*The Warriors* — you never forget your first unblock): "I say, the future is ours."

## Ban on tobogganing a slippery slope



PAUL  
SULLIVAN  
Metro in Vancouver

Winter is bad enough, so why are we making it worse?

It's true; cities all over North America are banning tobogganing for same reason bureaucratic weasels ban anything: It's dangerous. OK, it's dangerous. Almost 230,000 kids were injured sledding in the U.S. in the decade between 1997 and 2007, according to the Center for Injury Research and Policy. But so is everything else. In that same reckless nation, about 275,000 kids suffer non-fatal bicycle injuries each year. About 82,000 kids are treated for trampoline injuries, and 61,000 kids are hurt skateboarding.

As far as I can tell, there are no statistics on the danger involved in getting up every morning,



but few will argue that it is eventually fatal. Still, this tobogganing menace has to be stopped, and cities from Dubuque, Iowa, to Montville, N.J., have climbed on the ban-wagon. Closer to home, sledding is banned in Hamilton and numerous slopes in the GTA. They'd ban it in Vancouver if there was any snow.

Let's not forget that while they're busy banning winter fun in Iowa it's OK to drive around with a handgun, so what's the point? The point, of course, is that they're really afraid of lawsuits.

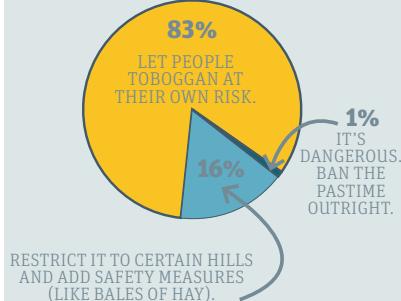
But bans don't even work. Some guy in Hamilton was awarded \$900,000 after he injured his spine in a sledding accident, even though sledding is banned in Hamilton. The court decided that even though he was breaking the law, the city should have warned him about that snow-covered ditch. Really? This ban on tobogganing will take us down a slippery slope that's guaranteed to end in a wipeout.

There's a school in Toronto that has banned all balls except those foam Nerf balls. Try playing basketball with a Nerf ball. And there's a woman in Vaughan, Ont., who is trying to get the oak trees near the school chopped down because the acorns could cause anaphylactic shock in kids with nut allergies.

We're creating people who are good

## We asked you:

## HOW SHOULD CITIES HANDLE TOBOGGANING?



for only one thing: Texting with a helmet on.

Meanwhile, the war on winter fun continues. Next up: The backyard skating rink. The city of Cornwall, Ont., ordered a family to dismantle its lovingly constructed rink because a neighbour complained and it violates various bylaws. The same thing happened recently in Sherbrooke, Que., where a neighbour complained that a local backyard rink was too "noisy."

Um, that's what fun sounds like. Banning sledding is one thing. The backyard rink is another. It's as Canadian as Tim Hortons, more so now that Tim's is owned by Burger King.

Ban the backyard rinks and you strike at the heart of Canadian hockey supremacy. We might as well just give back that junior hockey gold medal to Russia, where winter fun is compulsory.



## Metro gets swabbed for OneMatch

Mark Watkin poses with Metro employee Jennifer O'Callaghan after she gets swabbed for OneMatch, the national stem cell donor registry. At any given time, close to 1,000 Canadians are waiting on a stem cell match. Watkin, who lost his daughter Sarah to cancer after she was unable to find a matching donor, is encouraging everyone to get swabbed and add their information to the registry. For more information, visit onematch.ca. LUKE SIMCOE/METRO

Gossip

NED EHRBAR

METRO'S TAKE ON  
THE WORLD OF  
CELEBRITIES



Russell Crowe ALL PHOTOS: GETTY IMAGES

## Crowe tells actresses: Act your age and you'll have role to play

Russell Crowe sat down with Australia's Women's Weekly — why, I'm not sure — and used the opportunity to take a certain generation of actresses to task for not acting their age.

"To be honest, I think you'll find that the woman who is saying that (the good roles for women have dried up is) the woman who at 40, 45, 48, still wants to play the ingenue, and can't understand why she's not being cast as the 21-year-old," he says. "If you are willing to live in your own skin, you

can work as an actor. If you are trying to pretend that you're still the young buck when you're my age, it just doesn't work."

Now, before you get out your pitchforks, Crowe has some anecdotal evidence to back up his claims.

"I have heard of an actress, part of her fee negotiation was getting the number of children she was supposed to have lessened," he says. "Can you believe this? This (character) was a woman with four children, and there were reasons why she had to

have four children — mainly, she lived in a cold climate and there was nothing to do but fornicate all day — so quit arguing, just play the role."

Also, Crowe insists that he's given the same tough love to himself, saying, "The point is, you do have to be prepared to accept that there are stages in life. So I can't be the Gladiator forever." But come on, Russ. Some of us actually saw your dreadful Robin Hood. But hey, maybe it's a really, really recent revelation for him.



## Blake Lively quietly rings in the New Year as a mom

Blake Lively certainly knows how to keep things under wraps. The former Gossip Girl star and husband Ryan Reynolds reportedly welcomed their first child in December, just before the New Year, but managed to keep mum about it until now. The baby, whose gender and name have not yet been announced, arrived prematurely, but both Lively and the newborn are "healthy

and doing well" now, sources tell Page Six. This is the first child for Lively and Reynolds, who were married in 2012.

And if previous reports are any indication, we know just how the new parents will be celebrating their arrival: "She's saying she wants to get pregnant really soon after she pops this baby out," a source told E! News back in October. And both Lively and Reynolds have made no secret about the fact that they want a big family. So maybe let's give them some privacy this week?

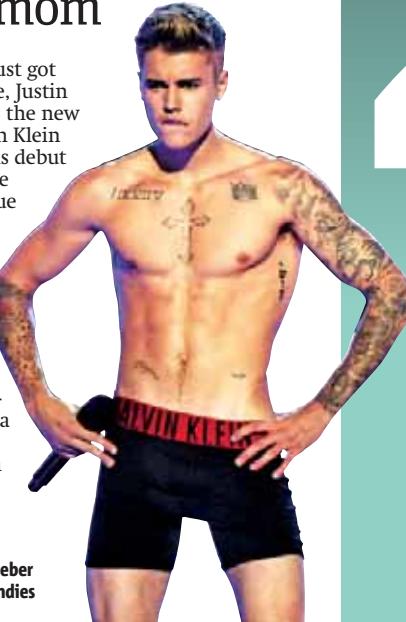
Blake Lively and Ryan Reynolds

## See, walking around with your skivvies showing does help, mom

The biggest ego in Canada just got bigger. Pop's reigning prince, Justin Bieber, has been unveiled as the new face — and body — of Calvin Klein Underwear. Bieber makes his debut in a series of black-and-white photos featuring his best Blue Steel and a suspiciously rounded and unrealistic bulge. He kicked things off with a six-second video feature showing him playing drums. We're pretty sure that, at least, is all Bieber.

In the ads, Bieber also cavorts with British model Lara Stone, who is a real trooper — and the wife of comedian David Walliams. Hey, who wants to just think about Marky Mark for a while?

**Speculation started shortly after Bieber appeared at Fashion Rocks in his undies**



## Game of Thrones to take series finale to the Imax

The biggest show on television is about to get a lot bigger. Like, Imax bigger. HBO is supersizing its hit Game of Thrones, bringing the final two episodes of last season to Imax screens later this month along with an exclusive trailer for season five. The engagement runs Jan. 23 to 29, with tickets reportedly going on sale "in the coming days" at Imax's site — and possibly as early as today. So get on that.

The episodes and trailers will occupy 150 Imax screens across North America for the week, offering the first real glimpse of the new season, debuting in April, aside from a few vague clips online about



Peter Dinklage as Tyrion Lannister in Game of Thrones.

three-eyed ravens and the vision "becoming clear."

## Katy plots to shake, shake, shake things up with Taylor

This might actually get me interested in the Super Bowl. Katy Perry is reportedly planning to work a reference to her ongoing feud with Taylor Swift into her halftime performance next month, according to Hollywood Life.

"She wants to make a statement with her performance and show that she is the biggest female act in the world, and she wants to show that to everyone including Taylor, who she has a feud with," a source says. "Katy will be doing something on stage during her performance that will be directed

towards Taylor. She is working on it to be a visual or a lyric-related jab."

Oh man, the possibilities! Will Perry make out with and dump Harry Styles on stage? Burn a photo of adorable kitty Olivia Benson in effigy? Or maybe pretend to be a country artist for the first few songs in her medley, then completely abandon the genre? We'll have to wait and see.

Katy Perry

2  
SCENE

# What's due on your small screen in 2015

**TV premieres.** Pop the popcorn and get out your Snuggie: These new series will keep you glued to the couch throughout the year

With leading names behind the camera and in front of it, this year's new television series already have people talking, long before the shows' arrival on the air. For those whose New Year's resolutions do not include spending less time in front of the small screen, here is a selection of must-see series premiering throughout 2015.

## Better Call Saul

After bidding farewell to their favourite program in September 2013, *Breaking Bad* fans will soon reunite with some of its characters in a spinoff. Walter White and Jesse Pinkman will not necessarily be in the picture, but their shady lawyer Saul Goodman, played by Bob Odenkirk, should help make up for their absence. Viewers

will learn about his life prior to meeting the two meth dealers, starting six years earlier, when his name was still Jimmy McGill.

**Air date:** The dramatic comedy premieres Feb. 8 on AMC, just after *The Walking Dead*, and will then air on Monday nights from Feb. 9.

## Battle Creek

There is some impressive star power in this new CBS police series, both behind the scenes and on the screen. Hailing from Vince Gilligan and David Shore (the creators of *Breaking Bad* and *House MD*, respectively), the show will debut with an episode directed by Bryan Singer. Josh Duhamel and Dean Winters co-star as two detectives who have opposing world views, but are forced to work together to tackle crime in Battle Creek, Mich.

**Air date:** The show premieres March 1 on CBS.

## Bloodline

An introspective psychological thriller, this new production

## True Detective, Season 2

- While not a new series, HBO's crime anthology show will take on an entirely new cast and setting for its second cycle, echoing the format of *American Horror Story*, among others.

- In Season 2, premiering this summer on HBO, the backdrop has moved from Louisiana to California, and Matthew McConaughey and Woody Harrelson have given way to a cast with similarly renowned names. Colin Farrell, Vince Vaughn, Rachel McAdams, Kelly Reilly and Taylor Kitsch will pick up the baton with a new investigation.

from the creators of *Damages* revolves around themes of competition, jealousy and betrayal among brothers and sisters. The siblings' secrets and private wounds come to

light when one of their own, the black sheep of the family, returns to the fold.

Netflix has put together an all-star cast for the drama, including Kyle Chandler, Sam Shepard and Sissy Spacek.

**Air date:** The drama is due to premiere in March on Netflix.

## Wayward Pines

Following in the footsteps of *Twin Peaks*, M. Night Shyamalan's first small-screen project will combine suspense and crime drama with fantasy elements. Matt Dillon, Melissa Leo, Terrence Howard, Juliette Lewis, Carla Gugino and Toby Jones are cast in this mini-series, which will centre on a federal agent's complex investigation into the disappearance of two colleagues in a strange town in Idaho. Soon after his arrival, Agent Ethan Burke comes to realize that getting out of *Wayward Pines* will not be an easy task.

**Air date:** The drama will debut May 14 on Fox and simultaneously in 125 countries worldwide.

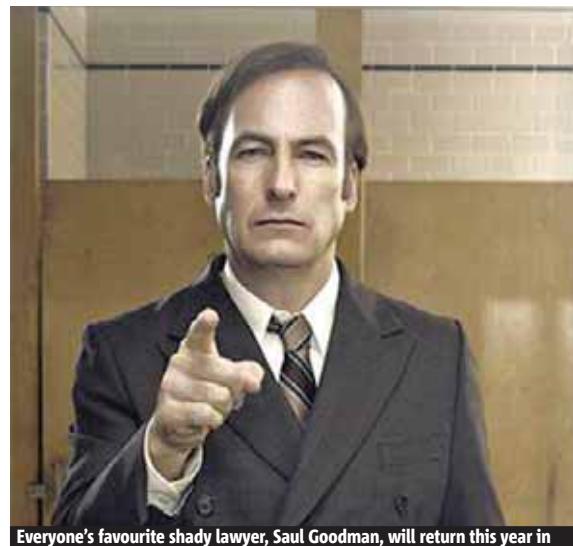
## Daredevil

The first series resulting from Marvel and Netflix's recent tie-up, *Daredevil* will join a growing roster of superhero productions for the small screen. Following in the footsteps of Ben Affleck, who starred in a movie adaptation of the comic, Charlie Cox portrays Matt Murdoch, a blind lawyer by day who by night becomes Daredevil, a superhero with enhanced senses. Vincent D'Onofrio and Rosario Dawson also feature in the series, which will be followed in the coming years by three others dedicated to other Marvel heroes — Jessica Jones, Luke Cage, Iron Fist — and an event mini-series on *The Defenders*, a group that will likely unite the four superheroes.

**Air date:** The drama is scheduled to arrive on Netflix in May.

## Martin Scorsese's rock 'n' roll series

When Martin Scorsese, Mick Jagger, Terence Winter and HBO work hand in hand on a new musical series, the result is bound to be interesting, to say the least. Their untitled project has piqued the curiosity of viewers and critics alike. Set in the music industry of the 1970s, the drama will center on Richie, the founder and president of a New York record label with an ear for fresh, promising talent. Bobby Cannavale plays this title character



Everyone's favourite shady lawyer, Saul Goodman, will return this year in the *Breaking Bad* spinoff series *Better Call Saul*. CONTRIBUTED



*Battle Creek*, by *Breaking Bad* and *House MD* creators Vince Gilligan and David Shore respectively, will debut March 1. CONTRIBUTED



The psychological thriller *Bloodline* airs on Netflix in March. CONTRIBUTED

and is joined by Olivia Wilde, Ray Romano, Juno Temple and James Jagger, the son of the Rolling Stones front man. With its star-studded cast and top-notch production team, it's no surprise the show is among the most eagerly anticipated of 2015.

**Air date:** The rock 'n' roll drama is due to arrive on HBO before the end of the year.

## Scream

The new spin-off on Wes Cra-

ven's franchise reflects two separate trends taking over the American airwaves: movie-to-series adaptations and horror series. So far, no plot details have been revealed regarding the 10 episodes ordered so far. But fans of the "Scream" movies shouldn't be disappointed, as the project is headed up by Wes Craven himself, who is a producer of the project.

**Air date:** The series will debut close to Halloween on MTV. AFP

Come Join us at the Fifth Annual

# Ottawa Children's Gala

Saturday, February 21, 2015

Location: Ottawa Conference and Event Centre (200 Coventry Rd)

DOORS OPEN AT 4PM

## 'Once Upon a Time'

Dinner, Dance and Entertainment fit for adults and children.

In association with  
CHEO's Plan-It Safe Program

Hosted by Lianne Liang and Angie Poirier

Tickets available through EventBrite, [ottawachildrensgala.com](http://ottawachildrensgala.com)

Tickets – Adult: \$100 Children: \$40



# When you've got an L.A. layover, it's time to head to West Hollywood

**Rest time.** Nestled between Hollywood and Beverly Hills, this pocket of L.A. offers great outdoor options and nightlife

 ANDREW JOHN VIRTUE DOBSON  
dobbyernationloves.com  
Follow @metrotoronto and @dobbyernation

Each year thousands of Canadians find themselves connecting through LAX en route to Australia, New Zealand, Asia and beyond. Why not extend your layover in California and enjoy some of the luxuries L.A. has to offer?

It's even possible to enjoy this freeway sprawling city without ever renting a car.

Unpack at The Chamberlain Hotel, a design-driven urban oasis ideally situated on a tree-lined residential street in West Hollywood. Nestled between Hollywood and Beverly Hills, WeHo offers a perfect home base with so much to see just a hop, skip and a jump away.

The Chamberlain's well-appointed suites are a quiet and calm retreat from the hustle and bustle of the city's streets while its rooftop pool provides the perfect spot to splash through a margarita at sunset.

If energizing exercise and a breath of fresh air is something you need after a long haul flight, be sure to sign up for Bikes and Hikes' wildly popular L.A. In A Day Bike Adventure. Explore every nook and cranny of Los Angeles with a friendly guide via a 50-kilometre full-day pedal. The tour offers a



L.A. In A Day Bike Adventure explores a 50-kilometre loop of the city, including Venice Beach. ISTOCK

truly unique view of the city, allowing guests to explore from Beverly Hills to Santa Monica Pier, Venice Beach and beyond.

Voda Spa is WeHo's best-kept secret and the perfect spot for those looking to fight jet lag, nurse that hangover or simply rest and relax. The treatments and saunas here reflect cultures from across the globe and include traditional Russian banya, Swedish cedar dry sauna and a Turkish wet steam bath.

Be sure to sign up for the signature platza treatment, a rigorous massage performed with venik — a leafy, fragrant bundle of oak, birch and eucalyptus, which soaks in warm water and is applied using rhythmic taps and strokes.

At night, head to DBA Holly-

wood, where film fans pack to the brim for an evening filled with song and dance.

The production team at For the Record puts on dazzling interactive musicals based on the work of famous Hollywood directors with past triumphs including Scorsese, John Hughes and Tarantino. The team is currently wrapping up an extended run of Baz Luhrmann, a three-hour extravaganza inspired by the Australian directors cinematic hits Strictly Ballroom, Romeo and Juliet, Moulin Rouge and The Great Gatsby. If you look closely through the dimly lit theatre you're sure to spot Rumer Willis (daughter of Demi Moore and Bruce Willis) who has performed in the last few productions.



The Chamberlain's rooftop pool is the perfect place to relax after a long leg of flying. ANDREW DOBSON/METRO

3  
E  
E  
E

## AIR CANADA VACATIONS

**Punta Cana, Dominican Republic | NON-STOP FLIGHTS FROM OTTAWA, HOTEL & TRANSFERS**

**Luxury Bahia Principe Ambar, Don Pablo Collection**  **PRIVILEGES**

All-Inclusive • Junior suite • Jan. 10 • 1 wk.

**\$1089**

Add taxes & other fees: \$430

**Luxury Bahia Principe Esmeralda, Don Pablo Collection**  **PRIVILEGES**

All-Inclusive • Junior suite • Jan. 10 • 1 wk.

**\$1159**

Add taxes & other fees: \$430

[aircanadavacations.com](http://aircanadavacations.com) Call 1 877 236-6228 or your travel agent



Luxury Bahia Principe Esmeralda, Don Pablo Collection

**BAHIA PRINCIPE**  
hotels & resorts

**tico.ca**

Prices reflect applicable reductions, are subject to change without notice and cannot be combined with any other offer or promotion. Prices are in Canadian dollars, are valid for bookings made on Jan. 7, 2015, apply to new bookings only and for departure dates as indicated. Prices are per person based on double occupancy, unless otherwise stated, from Ottawa - Macdonald-Cartier International Airport in Economy class and include surcharges. Non-refundable. Subject to availability at time of booking. Not applicable to group bookings. Further information available from a travel agent. Flights operated by Air Canada or Air Canada rouge. For applicable terms and conditions, consult the Air Canada Vacations brochures or [www.aircanadavacations.com](http://www.aircanadavacations.com). TICO registration #50013537. © Air Canada Vacations is a registered trademark of Air Canada, used under license by Touram Limited Partnership, 1440 St. Catherine W., Suite 600, Montreal, QC. Visit [www.aircanadavacations.com](http://www.aircanadavacations.com) for up-to-date information.

# Exclusive Non-Stop Flights from Ottawa to Miami



CALL TODAY. Space is selling quickly. Still available\*: Feb. 7, 15, Mar. 1, 7, 8, 14, 15, 21, 22, 28, 29, Apr. 4, 5, 12, 2015



## Celebrity Cruises Caribbean Vacations

### It's All Included from \$1399\*.

- 7 Night Eastern or Western Caribbean cruise aboard Celebrity Reflection® or Celebrity Silhouette®
- Ports of call include: St. Thomas, St. Maarten, St. Kitts, San Juan, Cozumel, Grand Cayman, Jamaica and our private island, Labadee®
- Roundtrip NON-STOP flight from Ottawa, ON to Miami, FL
- Up to 2 checked bags per traveler\*
- Complimentary in-flight meal, beverages, entertainment and headsets
- Classic Beverage Package during your cruise; including beer, wine, spirits and more\*, approx. value of \$789 (3rd and 4th guests each receive a non alcoholic beverage package and 40 minute Internet package)
- All gratuities and taxes\* for your cruise
- Roundtrip ground transfers

**Suites from \$3,009\* / Veranda Staterooms from \$1,999\***

Oceanview Staterooms from \$1789\* / Interior Staterooms from \$1399\*  
3rd and 4th guests sharing stateroom from \$1399\*

For information visit [www.celebritycruises.com/canada](http://www.celebritycruises.com/canada)  
To reserve, call your travel agent or call 1-888-776-1155

**Celebrity Cruises®**  
That's modern luxury.™

metro

12

metronews.ca  
Wednesday, January 7, 2015

New year

Put these spots on your 2015 trip list



ON THE MOVE  
Loren Christie  
life@metronews.ca

Looking to holiday somewhere out of the ordinary this coming year? I asked some industry experts to share some unique destination suggestions for 2015.

The Jolie-Pitts recently bestowed their celebrity endorsement upon Malta when they had a working honeymoon on this European island nation while filming *By the Sea*. This past season's racers on *The Amazing Race* showed us just how blue the waters of the Blue Grotto are when they rappelled down into this popular tourist attraction. And, if the Hollywood effect isn't enough, Malta should get some royal treatment in 2015. This past fall, the Duchess of Cambridge missed her first solo trip overseas when a visit to the republic was cancelled



Kate and the Jolie-Pitts can't be wrong in picking Malta as a sojourn spot. iSTOCK

due to severe morning sickness. Cheapflights.ca predicts that she will plan a makeup visit in 2015 with royal baby No. 2 in tow.

Having come off 2014 as the host of the FIFA World Cup and preparing to again welcome the world for the 2016 Summer Olympics, this is Brazil's gap year. According to travelzoo.ca, the country will open 400 new hotels over the next year, enticing more travellers to hot spots such as Rio de Janeiro and Iguazu Falls. Air Canada has increased its service to this South American hot spot by adding three direct flights between Toronto and Rio. If

your curiosity is piqued, and you want to avoid the crowds and costs of an Olympic year, now is the time to go.

Topographically speaking, 2015 is the year to get high. July will mark 150 years since the first Matterhorn ascent and Zermatt, Switzerland is celebrating with open-air performances, festivals and sporting events. The 101-year-old Hörnli Hut, the starting point for a Matterhorn climb, will reopen after being refurbished. Meanwhile Salzburg, Austria will be alive with The Sound of Music as the Rodgers & Hammerstein's gem marks its 50th year. The city will host tours and singalongs.

**ARRR...**  
YOU READY FOR ADVENTURE  
500+ TOURS  
IN 11 GORGEOUS ISLANDS

**PROMO CODE**  
Get Up To **METRO**  
**35% OFF**

**BOOK NOW**  
**1-800-768-8370**  
**VOTED CARIBBEAN'S #1 Tour Company**



UPDATED

\* Offer valid for departures between Feb. 7 to Apr. 12, 2015. Classic beverage package applies to two guests (21 years and older) per stateroom and includes beers up to \$6 per serving, spirits and cocktails up to \$8 per serving and wine up to \$9 per serving, soda selections, fresh squeezed and bottled juices, premium coffee and teas and non-premium bottled water. Upgrades to other beverage packages are available for an additional charge plus beverage gratuities. Gratuities applies to two guests per stateroom and provides for prepaid stateroom attendant, waiter, assistant waiter and head waiter gratuities (amounts based on gratuity guidelines). 3rd and 4th guests receive gratuities and non-alcoholic beverage package which can be upgraded to an alcohol package for a fee. \*3rd/4th guest pricing based on Celebrity Reflection® Mar. 7 sailing in an interior stateroom - other categories slightly higher. Max. total baggage allowance of 20 kilos (44 lbs.) per person. Price is in CAD, p.p. based on double occupancy for new individual bookings, subject to availability and may change at any time and is inclusive of all taxes, fees and port charges. Ports of call vary by itinerary. Prices are based on the lowest minimums available as follows and will vary by sailing: Celebrity Silhouette® suites from \$3009 for sailing Mar. 8; Celebrity Reflection® verandas from \$1999 for sailing Feb. 7; Celebrity Silhouette® oceanview staterooms from \$1789 for sailing Mar. 8 and Celebrity Reflection® interior staterooms from \$1399 for sailing Mar. 7. Other categories/occupancy types and sailing dates are available at varying prices. Celebrity Reflection® Eastern Caribbean Feb. 7, 14, 21, Mar. 7, 21 & Apr. 4 and Western Caribbean Feb. 28, Mar. 14 & 28. Celebrity Silhouette® Eastern Caribbean Feb. 15, Mar. 1, 15, 29 & April 12 and Western Caribbean Feb. 8, 22, Mar. 8, 22 & Apr. 5. This program is not combinable with any other offers and is not available online. +Based on availability at time of printing. Space is subject to availability and change at time of booking. Please ask for details regarding terms and conditions concerning deposit, final payment and cancellation penalties. Restrictions apply. Celebrity Cruises reserves the right to correct any errors, inaccuracies or omissions and to change or update fares, fees and surcharges at any time without prior notice. © 2014 Celebrity Cruises, Inc. Ship's Registry: Malta and Ecuador. All Rights Reserved. 12/14 • 5778



[ISLANDROUTES.COM](http://ISLANDROUTES.COM)

# Bahamas trek? Don't skip Nassau

**Travel time.** History, arts, culture and food — take a break from the incredible beaches

**VAWN  
HIMMELSBACH**  
For Metro

The Bahamas is made up of 700 islands, including cays and islets, amidst the world's third-largest barrier reef and some of the clearest water on the planet, with visibility up to 30 metres.

It's a paradise for sun, sand and surf, but for those who haven't been to Nassau — the capital and historic heart of the Bahamas, located on New Providence Island — there is now more reason to leave the resort and experience some Bahamian culture.

Nassau's ideal location — its main harbour is protected by Paradise Island, which has been developed as a playground for tourists with resorts, nightclubs and a casino — made it at-



One of the oldest cities in the Western Hemisphere, Nassau, has a distinctly colonial charm that is the historic heart of the Bahamas.

tractive to pirates back in the day.

Indeed, the British Colonial Hilton is built on the site of Old Fort Nassau, former residence of legendary pirate Blackbeard. Eventually, in 1718, British colonialists figured out how to navigate the waters

and kicked the pirates out.

"Nassau is one of the oldest cities in the Western Hemisphere, almost 600 years old," said Ambrose Morris, communications manager with the Bahamas Tourist Office for Canada.

As a result, the city has a colonial charm, with several historic sites that are worth a visit, including Gambier, Adelaide and Fox Hill (three historic villages settled by liberated



Nassau offers year-round cultural events and festivals like Junkanoo — an overnight street parade. THE BAHAMAS MINISTRY OF TOURISM PHOTOS

slaves in the 1800s).

While there is plenty of history here, Nassau is also transforming itself by investing in the revitalization of Bay Street, its downtown core, and offering year-round cultural events and festivals.

The Baha Mar is the Caribbean's largest resort project, slated to open this spring with 4,000 rooms across five branded resorts along Cable Beach — a three-kilometre stretch of powdery white sand bordered

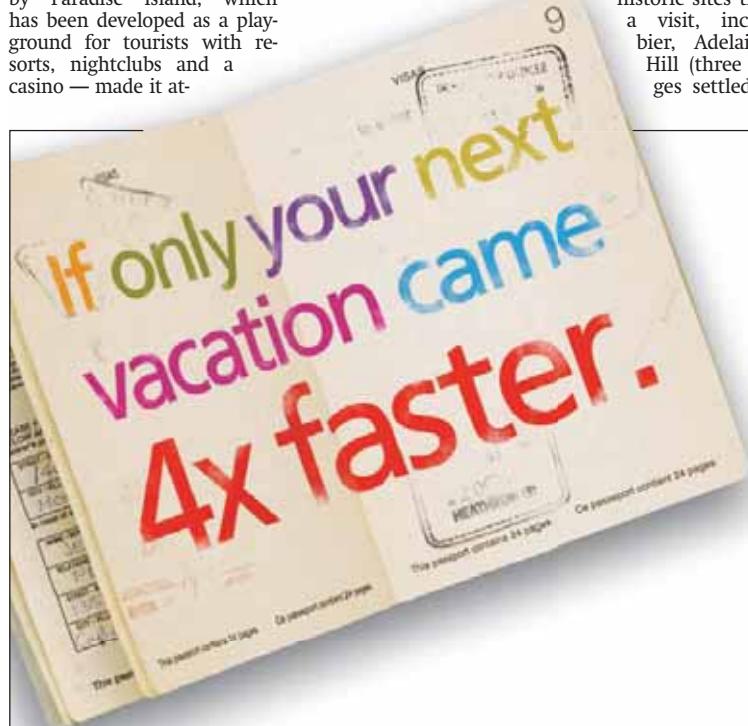
by swaying palm trees. But this project is also taking a sustainable approach: The installation of coral "antlers" along the shoreline promotes the growth of marine life and will eventually be covered by a living reef.

While in the Bahamas, "you've got to have the conch," Morris said.

Fresh conch is served up in fritters, deep-fried (cracked) and in salad (raw, like ceviche). Combine that with a local Kalik beer for a true taste of the Ba-

hamas. For the best conch, Morris recommends heading over to Arawak Cay, named after the original West Indian inhabitants of the islands. Here, visitors can partake in the weekly fish fry, which offers up island cooking and local entertainment (this is where the locals go to eat fresh seafood).

"If you hop in a cab and say 'fish fry,' they know where to take you," Morris said.



**Earn travel rewards up to 4x faster.<sup>1</sup>**

No annual fee for the first year. Plus, get 20,000 bonus points, good for \$200 in travel.<sup>2</sup>

With the Scotiabank<sup>™</sup> Gold American Express<sup>®</sup> Card, you'll enjoy the freedom and flexibility to redeem points before or after your trip with no blackouts, seat restrictions or booking fees.

[www.scotiabank.com/4xfaster](http://www.scotiabank.com/4xfaster)

You're richer  
than you think.<sup>®</sup>

 **Scotiabank**<sup>®</sup>

<sup>1</sup> You will earn 4 points per \$1 on the first \$50,000 in purchases made annually at American Express merchants classified in the American Express network as: Gas Service Stations (with or without Ancillary Services and with Merchant Code: 5541) and Automated Fuel Dispensers (Merchant Code: 5542); Grocery Stores and Supermarkets (Merchant Code: 5411); Eating Places and Restaurants (Merchant Code: 5812); Drinking Places (Alcoholic Beverages) including Bars, Taverns, Nightclubs, Cocktail Lounges, and Discoteques (Merchant Code: 5813), Fast Food Restaurants (Merchant Code: 5814); Entertainment including Motion Picture Theaters (Merchant Code: 7832), Theatrical Producers (except Motion Pictures) and Ticket Agencies (Merchant Code: 7922), Bands, Orchestras and Miscellaneous Entertainers – Not Elsewhere Classified (Merchant Code: 7929). Some merchants may sell these products/services or are separate merchants who are located on the premises of these merchants, but are classified by American Express in another manner, in which case this added benefit would not apply. You will earn 1 point per \$1 on purchases made after you have reached the 4 points per \$1 \$50,000 annual spend maximum and on all other purchases made with the card. Points are not awarded for cash advances, Scotia Credit Card Cheques, Scotia Rewards Dollars, returns, payments, casinos and gambling, annual membership or card fees, interest charges or service transaction charges. <sup>2</sup> The introductory annual fee waiver only applies to the initial annual fee for the primary and additional cards. The Scotiabank Gold American Express Card regular interest rate is 19.99% for purchases. For cash advances, balance transfers and Scotia Credit Card Cheques the interest rate is 21.99%. The regular annual fee is \$99 per year for the first card issued on the account; additional cards are charged an annual fee of \$29 per year per card when issued regardless of card activation and will be billed to your first statement and once a year thereafter. Any additional cards must be issued by February 28, 2015, to qualify for the offer. The 20,000 Scotia Rewards bonus points are awarded when you use your Scotiabank Gold American Express Card for at least \$1,000 in net purchases posted to your account in the first three months from the account open date and provided the account is open and in good standing. Net purchases are defined as the cost of goods and services purchased on your credit card account, less amounts credited for refunds on such purchases. The points will appear as an adjustment on your Scotiabank Gold American Express Card statement within two statement cycles after the third billing cycle has passed. Offer applies to new accounts opened by February 28, 2015. Rates and fees are as of September 1, 2013 and are subject to change without notice.

## Dinner. Squash and Ricotta Rotelle



DINNER  
EXPRESS  
Emily Richards  
food@metronews.ca

1. In a saucepan of boiling water, cook squash 20 min-

### Ingredients

- 6 cups (1.5 L) peeled and cubed butternut squash
- 1 cup (250 ml) ricotta cheese
- 1/2 cup (125 ml) toasted chopped hazelnuts
- 1/3 cup (75 ml) chopped fresh Italian parsley
- 1/4 cup (60 ml) grated Parmesan
- 1 small clove garlic, minced
- 1/2 tsp (2 ml) pepper
- 1/4 tsp (1 ml) salt
- 4 sheets fresh pasta
- Rose Sauce**
- 3 tbsp (45 ml) butter
- 3 tbsp (45 ml) all-purpose flour
- 3 cups (750 ml) milk
- 1/2 cup (125 ml) pasta sauce
- 1/2 tsp (2 ml) each salt and pepper
- Pinch fresh grated nutmeg
- 2 tbsp (30 ml) grated Parmesan



This recipe makes eight servings. EMILY RICHARDS

utes or until tender. Drain and place bowl. Using potato masher, mash squash until smooth. Stir in ricotta, hazelnuts, parsley, cheese, garlic, pepper and salt.

2. Meanwhile, in pot of boiling salted water, cook pasta for 2 minutes. Drain and rinse under cold water. Lay in single layer on clean tea towel and pat dry. Spread squash mix evenly over pasta sheets, leaving 1/2 inch (1 cm) on one short end. Starting on opposite end, roll up jelly-roll style. Slice each roll into 8 pieces; set aside.

3. Rose Sauce: In saucepan, melt butter over medium-high heat. Add flour and cook, stirring 1 minute. Whisk in milk and cook, stirring about 10 minutes or until thick enough to coat back of spoon. Add pasta sauce, salt, pepper and nutmeg.

4. Pour half of the sauce into a 13x9-inch (3 L) greased baking dish to cover bottom. Place pasta pieces in pan, overlapping slightly. Pour over remaining sauce to cover. Sprinkle with cheese. Bake in 375 F (190 C) oven about 25 minutes or until it is golden and bubbly.



2450 Lancaster Rd.

**BREAKFAST SPECIAL!**  
**\$3.99**  
Monday to Friday • 6am to 9am ONLY  
2 eggs; bacon, sausage or ham;  
homefries; toast; jam; and coffee  
ASK FOR IT!  
DINE IN ONLY, NO TAKE OUT  
**Spread the word!**  
**613-521-8889**

## Seinfeld gang helps med students ID mental illness

**Education.** At medical school, psychiatry professor making Seinfeld about much more than nothing

dents are assigned two episodes a week and then gather to discuss the psychopathology demonstrated on each.

"You have a very diverse group of personality traits that are maladaptive on the individual level," Tobia said.

"When you get these friends together, the dynamic is such that it literally creates a plot: Jerry's obsessive compulsive traits combined with Kramer's schizoid traits, with Elaine's inability to forge meaningful relationships and with George being egocentric."

His diagnosis of Newman? "Very

sick."

His students sat around a conference table recently, analyzing an episode from the night before.

Third-year student Marlene Wang said that the exercise leads to having more practical and relatable examples than a textbook.

"In this way, it just gives you a more solid picture of the pathology rather than just giving you words," Wang said.

Tobia also teaches a course in which students tweet thoughts about characters' potential psychiatric disorders while watching films like Fargo.

THE ASSOCIATED PRESS

We've got lots to learn from this neurotic band of besties.

THE CANADIAN PRESS/AP/COLUMBIA

Medical students at Rutgers Robert Wood Johnson Medical School are learning about psychiatric disorders through Dr. Anthony Tobia's 'Psy-feld' teaching tool, NJ.com reports.

Tobia has created a database of teaching points using all the show's episodes. Third- and fourth-year medical stu-



## Learn French... the Write Way!

Ideal for Federal Government Employees or Anyone Looking to Improve Their French Skills

Reading & Writing Test Preparation – Jan 20th to Feb 26th 2015 (30 hrs)

Level B - Oral Interaction – Jan 19th to April 22nd 2015 (65 hrs)

Level C - Oral Interaction – Jan 20th to April 16th 2015 (65 hrs)

Call for more info: 613-742-2493, ext. 2574

La Cité des affaires  
lca@lacitec.on.ca

[www.frenchthewriteway.ca](http://www.frenchthewriteway.ca)



LA CITÉ DES AFFAIRES  
LE COLLÈGE D'ARTS APPLIQUÉS  
ET DE TECHNOLOGIE

LA CITÉ 

# Are you suffering from professional envy?

**Career.** Instead of treating your career like a competition, focus on figuring out what matters to you.

RIANA  
TOPAN  
TalentEgg.ca

For a young professional, social media can sometimes be a challenge.

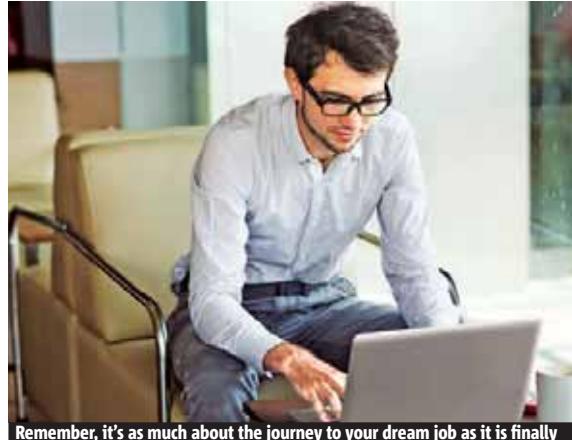
We're constantly being fed updates and information about what our friends and acquaintances are up to, making it easy for us to feel like what we are doing isn't measuring up.

While a bit of competition can be a good motivator, many students and grads can get caught up in their peers' successes.

If this sounds like you, here are a few ways you can handle your career envy.

## Adjust your attitude

Remember that the things we see on social media are care-



**Remember, it's as much about the journey to your dream job as it is finally getting it. Life's too short to concentrate on drawing online comparisons.**

ISTOCK

fully chosen tidbits of information that reflect a person's best side.

Constantly comparing yourself to others will only frustrate and upset you. Take what you see with a grain of salt, and take a step back to get some perspective. The only person you should compare yourself to is you.

Keep in mind that build-

ing a successful career doesn't happen overnight. It takes time to cultivate skills, learn about your strengths and weaknesses, and work your way up to your dream job.

Even though you may feel pressured to reach certain professional milestones within a set time frame, there's value in trying things out and

making a few mistakes along the way.

Rushing through the early stages of your career may mean you're less likely to end up where you want to be. You could miss out on some amazing opportunities because you didn't take the time to take advantage of them.

It can be fun to see what other people are up to, but if you're feeling overwhelmed by what your peers are doing, take a break from social media and use that time for reflection and career planning.

Take pride in the successes you have had so far.

## Take action

If you're looking to get ahead professionally, there are many things you can, and should, do to move your career along.

Set goals for what you want to achieve professionally.

Having a sense of direction will make it easier for you to stay positive, because you'll remember that what matters most is your dedica-

tion to reaching your end goal — not whether your job title or salary are on par with that of your friends.

For example, if you've always wanted to learn a new language or take a business management course, there's no time like the present to make it happen!

Try talking to your boss about taking on extra responsibilities to gain new experience and skills.

Going the extra mile can help you make a positive impression on your employer — and your initiative will look great on your résumé too.

Volunteering is another great way to further your career — any volunteer position can help you to learn and grow, meet new people, and build up your CV.

Want to work your way up your company's corporate ladder?

See if you can meet, and ideally, treat, a high-level executive to a coffee or lunch. Ask them about their career journey: What advice can they pass on to you to help you achieve your goals?

## Get up and go

Your future is brighter than you think

- At the end of the day, what matters is that you feel good about what you've accomplished.

- Keep yourself motivated, but remember that there is no right or wrong path; all you can do is try to make good choices based on the information you have at a given time and work to continuously and actively invest in yourself and your future.

- A little bit of hard work, strategic thinking and careful decision-making can go a long way in helping you to take your career to the next level. It just requires some kind of action; you have to be ready and willing to get out there and do what you need to do.

FREE

ALGONQUIN  
COLLEGE | Language Institute

ADVANCE YOUR CAREER WITH

## WORKPLACE LANGUAGE TRAINING

in Business, Accounting/Finance,  
starting January 5th, 2015

Monday - 5:30pm - 9:15pm    Wednesday - 5:30pm - 9:15pm  
Tuesday - 5:30pm - 9:15pm    Thursday - 5:30pm - 9:15pm

(Accepting students until January 12th)

Course eligibility requirements:

- you have education or experience in the sector,
- your English is at a CLB (Canadian Language Benchmark) of 6, 7, or 8
- you are a permanent resident or a protected person.

Canadian Language Benchmark (CLB) is the required assessment; it is available at the Language Assessment Referral Centre (YMCA - 240 Catherine Street)

Future course offerings may begin in September

Call us at

613-727-4723 ext. 5700, or visit in person, room B442

[algonquincollege.com/languages/learn-a-language/oslt/oslt-business/](http://algonquincollege.com/languages/learn-a-language/oslt/oslt-business/)

**OSLT** Occupation-specific

Language Training

**FLAP** Formation linguistique  
axée sur les professions

Funded by:



Citizenship and  
Immigration Canada

Financé par:

Choixmét et  
Immigration Canada

COLLEGES  
ONTARIO | COLLEGES  
ONTARIO

Université d'Ottawa | University of Ottawa

## SECURITY AND POLICY

INSTITUTE OF PROFESSIONAL DEVELOPMENT

Engaging decision-makers  
in a complex world

Come join the discussion in our courses on topics such as:

### Cyber Security

- Trends, threats, and vulnerabilities: understanding our digital world
- Gaps in policy and practical issues for the Canadian government

### Geopolitical Issues

- What is the link between Iran and Syria and why does it matter to Canada
- Who are the "freedom fighters" and how do they affect Canadian policy

### Canadian Policy Influences

- What trends and gaps are emerging in the energy sector
- How does trade policy translate into security issues and what are the implications for other policies

### Corporate Sector

- Protecting intellectual property and client information
- Security issues in Canada: what do Boards and senior management need to know

Sign up now at: [continue.uOttawa.ca/SPI](http://continue.uOttawa.ca/SPI)

The Security and Policy Institute of Professional Development is a trusted source of knowledge and learning that fosters substantive dialogue and provides continuing education opportunities that feature top security and policy experts from around the world.

613-562-5802 | [continue@uOttawa.ca](mailto:continue@uOttawa.ca)



uOttawa



## Sens take one on the jaw in Philly

Wayne Simmonds of the Flyers connects with a punch in a fight against the Senators' Colin Greening on Tuesday night in Philadelphia. The Sens began their four-game road trip with a 2-1 shootout loss. For more, go to metronews.ca. MATT SLOCUM/THE ASSOCIATED PRESS

### Heritage Classic snub

#### Luongo: I'd still be with Canucks

Roberto Luongo says he might still be a member of the Vancouver Canucks if had started last season's Heritage Classic.

The veteran goalie made the comments Tuesday at Rogers Arena ahead of the Florida Panthers' game against Vancouver on Thursday.

Former Canucks head coach John Tortorella instead chose to go with backup Eddie Lack in the showcase outdoor game against the Ottawa Senators on March 2, a game Vancouver lost 4-2.

Luongo was traded to Florida two days later in a move that was widely speculated to be precipitated by the Heritage Classic snub.

"There's no hiding it. I did want to play that game," Luongo said. "I mean that goes without saying, and if I would have played I probably would maybe still be here. Who knows?" THE CANADIAN PRESS

### Going back to juniors

#### Duclair demoted by Rangers

Forward Anthony Duclair will rejoin the Quebec Remparts of the Quebec Major Junior Hockey League after helping Canada win gold at the world junior championship, the Remparts confirmed Tuesday.

Duclair started the season with the NHL's New York Rangers, recording a goal and six assists in 18 games. THE CANADIAN PRESS

### UFC

#### Jones checks into drug rehab

UFC light heavyweight champion Jon Jones has entered drug treatment, the mixed martial arts promotion says.

The UFC announced Tuesday that Jones failed a random drug test last month.

The Nevada Athletic Commission says Jones tested positive for the main metabolite of cocaine, according to Yahoo Sports. Benzoylecgonine is not banned by the commission for out-of-competition use, so Jones wasn't penalized or suspended.

THE ASSOCIATED PRESS

# Maple Leafs show Carlyle the door

### Head coach fired.

Buds in search of consistency during second half of season

No single loss, no matter how embarrassing, tipped the scales. Some of the worst hockey actually came in victories, and the ugly trend was impossible to ignore.

Midway through a season of inconsistent play, the Toronto Maple Leafs fired Randy Carlyle, the old-school coach whose attempts to change his own style, and his team's, came to an abrupt end. Losers of seven of nine, the Leafs still find themselves in a playoff spot, something that underscores just how uneven they've been through 40 games.

"It's been too much of a roller-coaster," general manager Dave Nonis said Tuesday. "It's not about one game or one stretch. We felt that we had to make that change today



The Maple Leafs fired head coach Randy Carlyle on Tuesday following a 2-5-0 road trip. MARIANNE HELM/GETTY IMAGES

because of the direction this team is trending, that we need to move forward and try to get our team back to where it was when we were winning those games and do it on a consistent basis."

Ultimately, inconsistency doomed Carlyle, a Stanley Cup-winning coach for the Anaheim Ducks in 2007 who led the Leafs to the playoffs in the

lockout-shortened 2013 season, their only trip to the postseason in the past 10 years.

This year, Toronto endured back-to-back blowout losses to the Buffalo Sabres and Nashville Predators and flipped the switch to go 9-1-1 in its next 11 games.

Even in some of the wins, Carlyle knew the way his team was performing wouldn't hold

up. The Leafs are 21-16-3 with 45 points but haven't looked like anything more than borderline playoff contenders.

Because of that, Nonis said management, which includes president Brendan Shanahan and assistant GM Kyle Dubas, had been discussing the possibility of firing Carlyle "for a while." A 2-5-0 road trip was the final straw.

"I think we'd all agree we've had some good periods, good stretches, but I don't think I can stand here (in) front of you and say that we've been consistent," Nonis said. "We just felt at this point this was the right time to make the change and move ahead and try to get this team back playing like we have played for periods this season."

That responsibility now falls to Peter Horachek and Steve Spott, Toronto's first-year assistant coaches who will be behind the bench for Wednesday night's game against the Washington Capitals.

THE ASSOCIATED PRESS

Madden NFL

## Court green-lights players' lawsuit against EA Sports

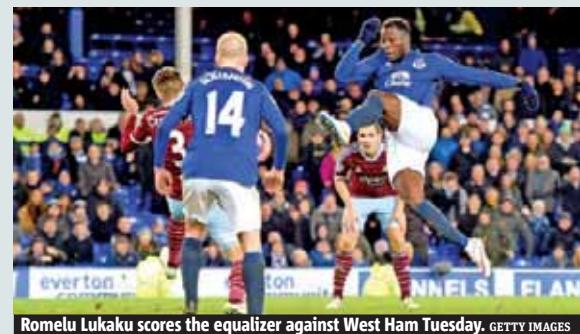
A federal appeals court gave the green light Tuesday to a lawsuit by former NFL players against video-game maker Electronic Arts over the use of their avatars in the company's Madden NFL series. The 9th U.S. Circuit Court

of Appeals sided with a district court that rejected EA's attempt to have the lawsuit thrown out. The 9th Circuit said EA was not likely to prevail on its argument that its use of the former players' likenesses was incidental and therefore protected by the First Amendment. The players said Madden NFL had players with their exact characteristics, but EA had not obtained their permission to use the figures. **THE ASSOCIATED PRESS**

FA Cup

## West Ham held 1-1 at Everton

Everton striker Romelu Lukaku scored in injury time to earn his side a 1-1 draw at home to West Ham in the FA Cup third round Tuesday. West Ham broke through at Goodison Park when defender James Collins scored a header in the 56th minute. **THE ASSOCIATED PRESS**



Romelu Lukaku scores the equalizer against West Ham Tuesday. **GETTY IMAGES**

MLB

## Giants pitcher undergoes surgery

Giants right-hander Tim Hudson has undergone surgery to remove bone spurs from his right ankle, the same one he injured during the 2013 season with Atlanta that sidelined him for the final two months. The expected recovery is eight weeks. **THE ASSOCIATED PRESS**

# Pitch-perfect Hall-of-Famers

**MLB.** Randy Johnson, one of three pitchers inducted, had 93.7 voting percentage — eighth-highest in history of Hall of Fame

Quoted

**"The Hall of Fame was never something that I surely ever thought about."**

Randy Johnson

keep under control, so it's a lot easier."

Martinez, a three-time Cy Young winner with flamboyance to go along with his fastball, appeared on 500 ballots (91.1 per cent). Martinez was 219-100, struck out 3,154, led the major leagues in ERA five times and in 2004 helped the Boston Red Sox to their first World Series title in 86 years.

Smoltz was picked on 455 ballots (82.9 per cent) and will join former Atlanta teammates Greg Maddux and Tom Glavine, who were inducted last summer along with Chicago White Sox slugger Frank Thomas. Smoltz, the 1996 NL Cy Young winner, was 213-155 with 154 saves, the only pitcher with 200 wins and 150 saves. He went 15-4 in the post-season.

Biggio appeared on 454 ballots, 42 more than the 75 per cent needed and up from 68.2 per cent in his first appearance and 74.8 per cent last year. A catcher who shifted to second base and spent three seasons in the outfield, he had 3,060 hits and 668 doubles in 20 big league seasons, all with the Houston Astros.

**THE ASSOCIATED PRESS**

**WITH FILES FROM THE CANADIAN PRESS**

Randy Johnson, Pedro Martinez and John Smoltz, a trio of star pitchers who dominated in an era of offence, were elected to baseball's Hall of Fame on Tuesday along with Craig Biggio, the first time since 1955 writers selected four players in one year.

The Big Unit, Martinez and Smoltz easily earned induction on their first tries, and Biggio made it on the third attempt after falling two votes shy last year. Steroids-tainted stars Roger Clemens, Barry Bonds, Mark McGwire and Sammy Sosa remained far from election.

Johnson, a five-time Cy Young Award winner with 303 victories and 4,875 strikeouts, was selected on 534 of 549 ballots by veteran members of the Baseball Writers' Association of America. The left-hander's 97.3 per cent was the eighth-highest in the history of voting.

"I don't think people quite understand how difficult it is to be 6-foot-10 and be throwing a ball 60 feet, six inches away," Johnson said. "In order to do that, you have to be consistent with your release point and where you're landing and your arm slot and all that. For someone 6-1, 6-2, there's less body to

## Bouchard bounces top-ranked Williams

Top-ranked Serena Williams slumped to a 6-2, 6-1 loss to Canadian star Eugenie Bouchard at the Hopman Cup on Tuesday in Perth, Australia. The Canadians clinched the Group A match against the United States when Vancouver's Vasek Pospisil beat John Isner 6-3, 7-6 (4) in the men's singles. **WILL RUSSELL/GETTY IMAGES**

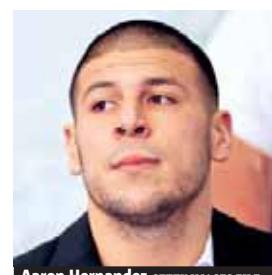
## NFL. Prosecutors cite O.J. in ex-Patriots' murder trial

Jurors will get to see Aaron Hernandez's trophy case when they visit his home during the former New England Patriots star's murder trial, a judge ruled Tuesday.

Assistant District Attorney William McCauley had sought to have the case hidden, saying the defence wanted "to get the benefit of having the jury be impressed by trophies or medals."

Prosecutors also cited the O.J. Simpson murder trial in arguing that they wanted to avoid what they called "strategic manipulation" of the home. In the Simpson case, photographs and pictures were placed in the home to portray the defendant as a family man, and a Bible was placed on a table to play to jurors' religious sympathies, prosecutors said in a court filing.

Hernandez's lawyer, James Sultan, argued that the house should be shown to the jurors exactly the way it was at the time of Odin Lloyd's death.



Aaron Hernandez **GETTY IMAGES FILE**

Fall River Superior Court Justice Susan Garsh agreed with the defence, saying the trophy case would remain uncovered.

Hernandez has pleaded not guilty to killing Lloyd, a semi-professional football player. Hernandez was a tight end for the Patriots when prosecutors say he killed Lloyd in an industrial park near his North Attleborough home in June 2013. Lloyd, 27, was dating the sister of Hernandez's fiancée, Shayanna Jenkins.

**THE ASSOCIATED PRESS**

## NFL. Dog, not Saints player, injured woman: Lawyer

A lawyer for New Orleans Saints sack leader Junior Galette said a woman accusing the player of battery had her earring ripped out and was scratched by a dog that was reacting to her yelling.

Galette and his cousin, Terrance Banks of Newark, N.J., were arrested Monday after a 22-year-old woman alleged the men assaulted her during an argument at Galette's home in the New Orleans suburb of Kenner.

In a written statement issued Tuesday, attorney Ralph Whalen said four witnesses, including Galette's girlfriend, and a video recording all corroborate the player's version of events.

The NFL team's general manager, Mickey Loomis, said the club would take a deliberate approach to dealing with the Galette matter.

Galette's first court appearance is tentatively set for Feb. 26 in Kenner city court.

On Monday, the alleged vic-



Junior Galette **GETTY IMAGES FILE**

tim told police an argument began when Galette asked her to leave and refused to provide cab fare. She told authorities that Galette shoved her, and Galette and Banks pinned her down, making it difficult for her to breathe.

According to police, she said she was able to get up and grab a knife, fearing she'd be attacked again, then Galette began recording her and she put down the knife before being carried out of the house by Banks. **THE ASSOCIATED PRESS**



Pedro Martinez, from left, Randy Johnson, John Smoltz and Craig Biggio were elected into baseball's hall of fame on Tuesday. **THE ASSOCIATED PRESS FILE**

# DRIVE 5

## 2015 Volvo S60 T6 Drive E

- Type.** Four-door, front-wheel drive, compact-to-midsized luxury sedan
- Engine.** 2.0-litre turbocharged I4 (302 hp)
- Transmissions.** Eight-speed automatic
- Price.** \$44,295 base, \$53,145 as tested

## Market position

Sedan variant of Volvo's entry-level family of sedans (S60), wagons (V60) and crossovers (XC60). Market appeal is designed around safety and a clean interior design. The T5 has a new 2.0-L turbo four-cylinder engine, good for 240 hp. The T6 combines turbocharging and supercharging — good for 302 hp.

## Points

- A mid-cycle revision for 2014 included new body panels from the A pillars forward and a revamped interior.
- A new line of Drive E four-cylinder engines all come with a start/stop feature for improved fuel economy, and an Eco+ mode that adjusts the engine and cuts off accessories as soon as possible.
- A new 8-speed automatic transmission.



The S60 boasts as much safety tech as anything in its class.

## Safety features

An IIHS Top Safety Pick, it received NHTSA's five-star rating for crash performance and is one of few vehicles in this segment to pass IIHS's tough small overlap frontal crash test. Safety systems include pedestrian and cyclist detection with automatic braking and city safety (warning and braking when approaching a vehicle too quickly).

## Still Swedish but more efficient

PHOTOS: MIKE GOETZ



**Review.** Although now owned by China's Geely, Volvo's new S60 was designed and engineered in Sweden

MIKE  
GOETZ  
drive@metronews.ca

Volvo has long provided a strong Swedish alternative in a luxury market dominated by German brands.

So Volvo fans have been holding their breath ever since Chinese automaker Geely purchased the brand from Ford in 2010. Would Volvo continue to be Swedish-centric?

Well, so far, so good. Most aspects of Volvo's engineering and design continue to originate from Sweden, and Geely has demonstrated it is

willing and able to invest in future Volvo products.

The transformed S60 is one of the first Volvos to feature the new Drive E line of fuel-efficient yet powerful, direct-injection four-cylinder engines, all with an automatic start/stop function. With various levels of turbo and supercharging, and a future hybrid-electric option, these engines will eventually power all Volvos.

The S60 line starts at the T5 (\$39,595), with a 2.0-litre turbo Drive E engine with 240 hp. Our tester was an upscale T6, which packs a 2.0-litre engine with both turbocharging and supercharging to produce 302 hp. The theory is to use supercharging for power at low revs and turbocharging at high revs, and it works just as advertised. I couldn't detect any handover issues, just lots of grunt all the time.



The restrained but gorgeous interior is both functional and elegant.

Although the engine is lusty, it remains civilized and quiet — unless you really push the pedal to unleash its mean side. It is a charismatic motor, which is a good thing, because the S60's handling is less so.

The S60 remains a nice, smooth ride, although its

front-wheel-drive architecture is not really in the same league as the rear-wheel designs from Germany.

The interior, however, is gorgeous. Rendered with characteristic Scandinavian restraint, it is both functional and elegant. If you think some luxury cars have too

## Compare

**1 Acura TLX Tech V6**  
Base price: \$43,864  
All new for 2015 with a 290-hp V6 engine and front-wheel drive with all-wheel steer.



**2 BMW 335i**  
Base price: \$53,295  
Boasts a 300-hp inline 6, with lots of visual horsepower, too.



**3 Cadillac ATS 2.0L turbo**  
Base price: \$39,373  
A sporty rear-wheel drive with 272 hp. But the back seat and trunk are a bit tight.

much visual interior stimulus, this might suit your style.

My T6 had sport seats, which were very therapeutic and supportive. Even though the rear-seat area is smaller than some competitors, the seats themselves are a cut above.

The S60 is packed with as much safety technology as anything in its class — lane-keeping assist, torque vectoring for safer cornering, blind-spot detection, pedestrian and cyclist detection with full automatic braking, and driver alert control.

Always smooth, powerful, safe, and distinctly Volvo, the new S60 adds vastly improved fuel economy to its list of attractions.

What's not to like?

**AUGMENTED  
REALITY**

**Stuck on 12 Across?**  
Scan this image with your  
Metro News app for today's  
crossword and Sudoku answers.  
It's OK. No one's watching.

**metro**  
**AR**

→ See the full  
instructions  
on Metro's  
Voices page.

**Horoscopes by Sally Brompton**

**♈ Aries**

**March 21 - April 20**

Control your feelings today, especially if someone you thought you could trust lets you down. Don't get upset about something you can't change.

**♉ Taurus**

**April 21 - May 21**

A colleague you thought you could rely on will say something that makes you realize they are not on your side after all. End the association if you think that's the right thing to do.

**♊ Gemini**

**May 22 - June 21**

Your current big idea may be wonderful but don't shout about it too loudly. In fact you should keep it to yourself at least until the end of the week.

**♋ Cancer**

**June 22 - July 23**

You may feel confident but the planets warn you should think before taking on authority. If you feel the need to prove yourself wait until Mars changes signs on the 12th.

**♌ Leo**

**July 24 - Aug. 23**

Form a picture in your mind of where you'd like to be a year from now and then start doing the things that will make it happen. All things are possible but you need to plan ahead.

**♍ Virgo**

**Aug. 24 - Sept. 23**

Something you have spent months trying to get right will solve itself over the next 24 hours. Accept the situation and get on with your life.

**♎ Libra**

**Sept. 24 - Oct. 23**

Someone you don't get along with will be friendly towards you today and you're right to be suspicious. According to the planets, they're up to no good.

**♏ Scorpio**

**Oct. 24 - Nov. 22**

You are full of energy but don't expect other people to be as active as you. Just because you are racing around does not mean everyone has to follow.

**♐ Sagittarius**

**Nov. 23 - Dec. 21**

Be careful what you say over the next 24 hours because if you say too much you could hurt a friend's feelings and chances are they won't be a friend for much longer.

**♑ Capricorn**

**Dec. 22 - Jan. 20**

You may worry that you have fallen behind in your schedule but the planets indicate there is plenty of time to catch up. In your personal life and at work make this a day of planning.

**♒ Aquarius**

**Jan. 21 - Feb. 19**

You might be tempted to argue with someone whose opinions you find offensive but they are likely deliberately trying to provoke you into overreacting.

**♓ Pisces**

**Feb. 20 - March 20**

Have faith in your own abilities, even if people have made it clear they think you are taking on too much. Success depends on many things but most of all it depends on confidence.

**Crossword: Canada Across and Down by Kelly Ann Buchanan**

**Across**

1	2	3	4	5	6		7	8	9	10		11	12	13
14							15					16		
17							18					19		
20							21			22	23			
24							25			26				
							27	28		29				
30	31	32					33	34				35	36	37
38							39					40		
41							42			43				
	44	45						46	47					
48	49						50				51	52	53	54
55							56				57			
58							59	60		61				
62							63			64				
65							66			67				

character

55. Flower's sepals,  
collectively

56. Downward-Facing  
Dog, and others: 2  
wds.

58. Very: Spanish  
59. Wing-like  
61. One stopping the  
TV show

62. Tolkien creature

63. Lengthy

64. Whole

65. Fr. holy woman

66. Actor Mr. Wilson

67. Pay close regard

to again

**Down**

1. Alberto \_\_ (Olym-

pics skiing champ  
from Italy)

2. Underway

3. Nose-in-the-air type

4. Michael Dowse's  
Canuck flick "Fubar"  
(2002), for example

5. Mr. Egoyan

6. New Jersey airport

city

7. Wilson Pickett's \_\_  
Broadway"

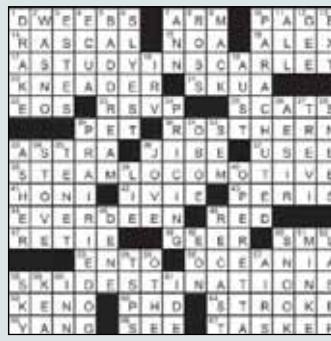
8. Actress Carre

9. "Concept" com-  
pleter

10. Antelope of South  
Africa

11. Nova Scotia... Nar-  
row peninsula on the  
Fundy Coast: 2 wds.

**Yesterday's Crossword**



**Online**

See today's answers at  
metronews.ca/answers



**Conceptis Sudoku by Dave Green**

**How to play**

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

**Yesterday's Sudoku**

8	4	1	5	6	3	7	2	9
7	2	6	1	9	4	8	3	5
5	3	9	8	2	7	1	4	6
1	9	4	2	3	5	6	8	7
2	8	3	7	1	6	9	5	4
6	5	7	4	8	9	3	1	2
9	6	5	3	4	1	2	7	8
3	7	2	6	5	8	4	9	1
4	1	8	9	7	2	5	6	3

6	8		2		3		8
7					6	9	
			2	3			7
8							4
4		8	1				
7	5				2		
			6	9	1		
9			5				

©2013 Conceptis Puzzles. Dist. by King Features Syndicate, Inc.

# TODAY'S HOROSCOPE:

Neptune is suggesting that now may be the perfect time to get the Metro News App



